


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DO YOU KNOW?
			1 Waffles Chicken Penne Pasta, Pesto Broccoli, and Watermelon	2 Pancakes Frito Pie, Lettuce, Onion, Tomato, Pinto Beans, Cheese, Seasoned Corn, and Orange	<p>All breakfast menus include an offering of 100% fruit juice and/or fruit or vegetable. All breakfast and lunch menus include a milk choice: 1% milk (unflavored), or non-fat (flavored or unflavored). All cereals and breads are whole grain or whole grain rich products (WGR). A daily fresh fruit choice is offered.</p>  <p>Choose MyPlate .gov</p> <p>MyPlate is the U.S. government's primary food group symbol to help us adopt healthy eating habits consistent with the current Dietary Guidelines for Americans. MyPlate illustrates the five food groups: Fruits, Vegetables, Grains, Protein, and Dairy, by using a place setting for a meal. To learn more about translating the guidelines into your everyday life go to www.choosemyplate.gov. The school breakfast and lunch menus reflect the MyPlate icon.</p>
5 Cereal Chicken Tenders, Tater Tots, Carrot Sticks, Roll, and Apple	6 Bagels w/Cream Cheese Pulled Pork Tacos, Lettuce & Tomato, Salsa, Seasoned Corn, Tortilla, and Orange	7 Muffin Pizza, Garden Salad, Dressing, Tomatoes, and Pear	8 English Muffin Orange Chicken, Broccoli, Brown Rice, Fortune Cookie, and Apple	9 Breakfast Bar Frito Pie, Lettuce, Onion, Tomato, Pinto Beans, Cheese, Seasoned Corn, and Orange	
12 Cereal Sausage, Mac & Cheese, Green Beans, Biscuits, and Watermelon	13 French Toast Chicken Tostadas, Salsa, Refried Beans, Corn, and Apple	14 Bagel w Cream Cheese Pizza, Garden Salad, Dressing, Tomatoes, and Pear	15 Pastries Chicken Caesar Salad, Croutons, Cheese, Baby Tomatoes, and Grapes	16 Waffles Frito Pie, Lettuce, Onion, Tomato, Pinto Beans, Cheese, Seasoned Corn, and Orange	
19 Cereal Grilled Cheese Sandwich, Tomato Soup, Tossed Salad, and Banana	20 Yogurt Bean & Cheese Burrito, Salsa, Seasoned Corn, Spanish Rice, and Orange	21 Muffin Pizza, Garden Salad, Dressing, Tomatoes, and Pear	22 English Muffin Meatballs, Marinara, Carrot Sticks, Garlic Bread, Cookie, and Watermelon	23 Breakfast Bar Frito Pie, Lettuce, Onion, Tomato, Pinto Beans, Cheese, Seasoned Corn, and Apple	
26 No School Memorial DAY	27 Toast Beef Tacos, Tortilla, Lettuce, Tomato, Salsa, Seasoned Corn, and Orange	28 Bagel w Cream Cheese Pizza, Garden Salad, Dressing, Tomatoes, and Pear	29 Pastries Chicken Caesar Salad, Croutons, Cheese, Baby Tomatoes, and Grapes	30 This Institution is an equal opportunity provider. All menus are subject to change.	